

# LIVING WILL AND APPOINTMENT OF HEALTHCARE SURROGATE

I, \_\_\_\_\_, want to choose how I will be treated by my physicians and other healthcare providers. If there comes a time when I am unable to communicate or make my own healthcare decisions because of illness or injury, I direct my physicians, my healthcare surrogate, and my family to honor this living will.

## **Part 1—Appoint a Healthcare Surrogate**

In the event I am unable to communicate or I am incapable of making decisions about receiving, withholding, or withdrawing medical procedures or other treatments, I designate my healthcare surrogate to make choices for me according to his/her understanding of my wishes and values.

<b>My Appointed Healthcare Surrogate is:</b>	
Name:	
Address:	
Phone:	Alt. Phone:

<b>If my surrogate is unable or unwilling, then my next choice (Alternate Surrogate) is:</b>	
Name:	
Address:	
Phone:	Alt. Phone:

## **Part 2—Indicate Your Wishes**

I understand that this living will only becomes effective when I am no longer able to communicate or when I am not capable of making my healthcare decisions. When two physicians have determined that I have one of the following:

- A terminal or end-stage condition, and there is little or no chance of recovery
- A condition of permanent and irreversible unconsciousness, such as coma or vegetative state
- An irreversible and severe mental or physical illness that prevents me from communicating with others, recognizing my family and friends, or caring for myself in any way

Then I want my doctors and others to provide comfort (palliative) care including relief of all physical pain, suffocation and mental anguish. If I develop one of the above conditions, my treatment choices are:

<b>My Specific Choices if I have one of the above conditions</b>	<b>Yes, I Want</b>	<b>No, I Do Not Want</b>
Cardio-pulmonary resuscitation (CPR) if my heart or breathing stops	YES	NO
A breathing machine if I am unable to breathe on my own	YES	NO
Nutrition and fluids through tubes in my veins, nose or stomach	YES	NO
Kidney dialysis, a pacemaker or defibrillator, or other such machines	YES	NO
Surgery or admission to a hospital Intensive Care Unit	YES	NO
Medications that can prolong my dying, such as antibiotics	YES	NO
I want Hospice involved in my care at the earliest opportunity	YES	NO

If a medical decision has to be made for me and my decision is not indicated above, I want my healthcare surrogate to make and communicate these decisions for me.

**Other Information (optional)**

Quality of life is important to me. These are the things that give my life quality:

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**Part 3—Make it Legal**

I fully understand the meaning of this declaration, I am emotionally and mentally competent to make this declaration, and have given this declaration careful consideration.

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Signature \_\_\_\_\_ Date \_\_\_\_\_ Print Name \_\_\_\_\_

\*Witness 1: \_\_\_\_\_  
Signature of Witness 1 \_\_\_\_\_ Print Name \_\_\_\_\_

Address: \_\_\_\_\_

\*Witness 2: \_\_\_\_\_  
Signature of Witness 2 \_\_\_\_\_ Print Name \_\_\_\_\_

Address: \_\_\_\_\_

*\*Your healthcare surrogate(s) cannot serve as a witness to this living will. At least one witness must be someone other than your spouse or a blood relative.*



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